

ESSENTIAL CRYSTALS CHECKLIST:



I would recommend you get yourself set up with the following crystals to begin your magickal journey:

- ☐ **Crystal Quartz:** clear in colour; a cleansing crystal, that helps absorb negative energy from your aura and surroundings



- ☐ **Amethyst:** purple in colour; a protective crystal great for meditating and spiritual connection



- ☐ **Rose Quartz:** pink in colour; a love crystal, to attract compassion and lead life with love



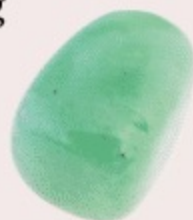
- ☐ **Citrine:** an orangey/gold crystal; perfect for attracting abundance, wealth and good fortune



- ☐ **Smokey Quartz:** brown in colour; a grounding crystal, enhancing laws of karma and used to heal depression



- ☐ **Aventurine:** green in colour; protective healing properties, protects against technology's aura (electromagnetic fields) and great for easily irritated people



- ☐ **Tiger Eye:** brown/gold stripes in colour; protective stone to call in abundance, it calls in strength and courage, boosting self-confidence

